

ISLAND CARDIOVASCULAR ASSOCIATES, LLP

496 Smithtown Bypass
Smithtown, NY 11787
631 979-8880

5225 Route 347, Bldg 5, Suite 23
Port Jefferson Station, NY 11776
631 473-8880

ECHOCARDIOGRAM (Cardiac Sonogram):

PREP-Wear clothing that can be easily removed from the waist up.

DATE _____ TIME _____ am/pm

CAROTID SONOGRAM:

PREP-Wear loose clothing by the neck (No turtlenecks).

DATE _____ TIME _____ am/pm

ABDOMINAL AORTA SONOGRAM:

PREP-Nothing to eat 6 hours prior to the exam.

- You may drink water.
- Take all your medications as usual.
- Wear loose clothing by the abdominal area.

DATE _____ TIME _____ am/pm

HOLTER MONITOR:

PREP-The monitor cannot get wet.

- Please shower prior to your appointment, as you will not be able to take a shower for 24 hours after the monitor is put on.

DATE _____ TIME _____ am/pm